

# Bereavement Resources





## **Hope Again**

Young people coping with bereavement and living after loss.

A website from Cruse Bereavement

<https://www.hopeagain.org.uk>

**Child  
Bereavement  
Service**



## **Barnardo's Child Bereavement Service**

Advice and support to parents/carers of children and young people up to the age of 18 years who have been bereaved.

<https://www.barnardos.org.uk>



## **Cruse Bereavement Care**

You are not alone. We're here to support you.  
Helpline 0808 808 1677

<https://www.cruse.org.uk/>



## **Winston's Wish**

Winston's Wish is the UK's childhood bereavement charity.

We support children and their families after the death of a parent or sibling.

<https://www.winstonswish.org/>

## **Cancer Fund for Children**

Young Shoulders Programme helps young people aged 0-24 years old when their mum or dad has been diagnosed with cancer



<https://cancerfundforchildren.com>

## **Anam Cara NI**

Anam Cara provides information, resources and bereavement support after the death of a child of any age and through all circumstances to all bereaved parents.



<https://anamcarani.co.uk/>

## **Youthlife**

Youthlife provides support for children and young people aged 5-25 who have been affected by bereavement, separation, divorce or loss of a significant person.



<https://youthlife.org/>

## **The Irish Childhood Bereavement Network**

A hub for those working with bereaved children and young people, and their families.



<https://www.childhoodbereavement.ie/>



## **Child Bereavement UK**

Supporting bereaved children and young people

<https://www.childbereavementuk.org>



## **NHS - Children and bereavement**

Information to help if your child has lost or is about to lose someone, such as a family member or friend.

<https://www.nhs.uk>



ONLINE, ON THE PHONE, ANYTIME

## **Childline**

Grieving & Dealing with Loss

Everyone experiences loss or bereavement differently. But you don't have to cope on your own

<https://www.childline.org.uk>



## **Samaritans**

Suicide Bereavement Services

<https://www.samaritans.org>



## **Childhood Bereavement Network**

Support for professionals working with bereaved children and young people, with information updates, key resources and networking opportunities

<https://childhoodbereavementnetwork.org.uk/>



## **PIPS Charity**

PIPS also provide support to those families & friends who have been touched by suicide.

<https://pipscharity.com/>



## **HSC Bereavement Network**

Information and guidance for those who care for and support dying people and their loved ones around the time of and after death.

<https://hscbereavementnetwork.hscni.net/>



## **PHA COVID-19 Bereavement Resources**

Resources to help you deal with those aspects of a death that may be different during the pandemic period including advice on how to help children to cope.

<https://www.publichealth.hscni.net>

### **BHSCT Bereavement Service**

Help and advice to assist with the immediate and long-term effects of grief.



<https://belfasttrust.hscni.net>

### **NHSCT Bereavement Helpline**

Help and advice to assist with the immediate and long-term effects of grief.



<https://www.northerntrust.hscni.net/>

### **SHSCT Bereavement Helpline**

The SHSCT has opened a helpline for bereaved people during the COVID-19 pandemic



Helpline - 028 37 567990

<https://southerntrust.hscni.net/>

### **SEHSCT Bereavement Service**

Help and advice to assist with the immediate and long-term effects of grief.



<https://setrust.hscni.net>

### **WHSCT Bereavement Helpline**

Help and advice to assist with the immediate and long-term effects of grief.



<https://westerntrust.hscni.net/>



**For more information visit:**

**[www.cypsp.hscni.net](http://www.cypsp.hscni.net)**

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**Youth Wellness Web**

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**COVID-19**

**Support and Resources**  
(Filter by Bereavement)

**email: [cypsp@hscni.net](mailto:cypsp@hscni.net)**